

Come join us for a “rare opportunity” to listen to one of Canada’s top Geriatric Care Professionals.

For Seniors and Children of Seniors: Living the Way You Want!

Audrey Miller, Geriatric Care Specialist and Registered Social Worker will be sharing information on Living and Aging Well.

Thursday November 6th, 2014 6:30 pm to 9:00 pm
at

The Russell Hill Retirement Residence
262 St. Clair Avenue West at Russell Hill Road

Parking: St. Clair and surrounding streets

Registration limited to 55 spaces so please register early.
Light refreshments will be served.

Email: Marketing@therussellhill.com Phone: 416-922-8005

We have so many choices. Do you know what they are?



Recent statistics confirm that the senior population is growing rapidly in Canada. Join us for answers regarding aging at home. Learn how you can navigate the health care system and we can discuss the decisions that have to be made.

Audrey Miller will be joined by Jane Teasdale of Mosaic Home Care Services and Community Resource Centres, and by Valerie Brent of The Russell Hill Retirement Residence. The following are some topics that will be covered:

- How to access government/community resources
- Planning for Care in the home
- Stay or Go – staying at home or moving into a retirement residence

You will have the opportunity to speak individually with Audrey Miller, Jane Teasdale, and Valerie Brent following the presentation and to ask questions about their specific areas of expertise.